

Programme

# The principles of well-being for school leaders

Online workshop | 22-23 March 2024

**Erasmus+**

Enriching lives, opening minds.

School education

# PROGRAMME

## DAY 1

### 22 March | Plenary and workshops

Participants have to attend both workshop slots

15:00 – 15:45

Opening and Introduction

15:45 – 16:15

#### Keynote 1

Caring for the Carer - Reflections on maintaining wellbeing in a leadership role - *Anne Gilleran*

16:15 – 16:30

Short break

16:30 – 17:45

#### Workshop Slot 1 - 4 in parallel

WS1 Managing schools from the point of view of the ProMeHS Program - *Ilaria Grazzani*

WS2 "Dessine-moi un mouton", The Little Prince: Prioritising relationships in teaching. - *Luís Gonçalves*

WS3 The «Teaching To Be» Project: Educating Minds, Nurturing Wellness in Schools - *Modesta Žilinskė, Fernando Alexandre, Pablo Navazo Ostua, Daiva Šukytė*

WS4 Building Bridges: Uniting school leaders and external stakeholders for school excellence - *Igor Nikičić*

17:45 – 19:00

Networking Activity

## DAY 2

### 23 March | Panel discussion and workshops

Participants have to attend both workshop slots

09:30 – 09:45

Icebreaker / Opening of the day

09:45 – 10:30

Networking Activity

10:30 – 11:00

Interactive Session

11:00 – 11:15

Short break

11:15 – 12:30

#### Workshop Slot 2 - 4 in parallel

WS5 Nurturing school communities: Policies and practices for headteacher and school leaders' well-being - *Valeria Cavioni*

WS6 "Dessine-moi un mouton", The Little Prince: Prioritising relationships in teaching - *Luís Gonçalves*

WS7 The «Teaching To Be» Project: Educating Minds, Nurturing Wellness in Schools - *Modesta Žilinskė, Fernando Alexandre, Pablo Navazo Ostua, Daiva Šukytė*

WS8 Building Bridges: Uniting school leaders and external stakeholders for school excellence - *Igor Nikičić*

12:30 – 12:50

Short break

12:50 – 13:20

#### Keynote 2

Implementing a systemic, whole-school approach to well-being - *Carmel Cefai*

13:20 – 14:00

Panel Discussion

14:00 – 14:30

Closing Remarks